

The cover features a decorative border of autumn foliage. At the top and bottom, there are clusters of orange and yellow maple leaves, green oak leaves, and clusters of red berries on thin stems. A single brown acorn is positioned at the top center and another at the bottom center. Scattered throughout the white background are small, stylized leaves in various shades of orange and yellow.

# INSPIRE

EAST, OLD & INVERARITY  
PARISH MAGAZINE

---

Issue 7: AUTUMN 2025



## **EAST, OLD and INVERARITY PARISH**



### Services of Public Worship:

✝ **EAST & OLD: Every Sunday at 11:15am**

✝ **INVERARITY: Every Sunday at 9:45am**

### Additional service:

✝ **First Sunday of the month: Breakfast Service  
9:30am at East and Old Church**

### Locum Minister & Interim Moderator:

The Rev. Malcolm Rooney

Tel: 07909993233

e-mail: **malc.rooney@gmail.com**

<b>Church website:</b>	<a href="http://www.thebigkirk.co.uk">www.thebigkirk.co.uk</a>
<b>Church E-mail:</b>	<a href="mailto:eoiparish@yahoo.co.uk">eoiparish@yahoo.co.uk</a>
<b>Scottish Charity No:</b>	SC004921

find us on **facebook**

<https://www.facebook.com/thebigkirk/>

## A Reflection based on Ephesians 4:1-6

*I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace.*

*There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.*

Paul's words — "lead a life worthy of the calling... with all humility and gentleness, with patience, bearing with one another in love" — offer a vision of community that challenges the isolating individualism of our time. The passage affirms that unity is not rigid conformity but cooperation in diversity. The one body is made of many members, differently gifted and experienced, yet held together by love and mutual care.

This is not a call to erase difference but embrace it, weaving each strand into a fabric stronger than any thread alone. In ministry, I have seen how respecting the uniqueness of each community while working together required communication, trust and vision.

Ephesians calls us to humility, solidarity, and hope. To live "worthy of the calling" today is to build inclusive communities where difference enriches, cooperation sustains, and love remains the true measure of unity.

*Malcolm Rooney, Locum Minister & Interim Moderator*

*As a Kirk Session we very sadly lost two long-standing members recently. Firstly Lexi Smart who was Session Clerk until the end of February this year and Anne Wilson, the much loved and valued Sunday School leader at Inverarity for over 50 years. Both ladies were highly thought of by the Kirk Session, congregations and former ministers. We give thanks for the commitment and service both ladies gave and offer our condolences to both families, keeping them in our thoughts and prayers.*

*Karen Kelly, Session Clerk*



Our group all enjoyed 'The Island of Sea Women' by Lisa See, about women diving deep to find sea urchins, a delicacy in Korea. The story tells how one woman and her extended family lived, knowing the dangers of this traditional work. It also describes the horrors of the Korean War and the damage to the people.

'The Bookshop Ladies' by Faith Hogan - an easy read about Joy, an American in Paris, whose art-dealer husband confesses on his deathbed that he has fathered a daughter. Through a painting, Joy tracks down the woman with whom he had an affair. This woman is starting up a bookshop with her daughter in Ireland. Joy decides to stay there and help, and by working together, they make a success of the bookshop.

'Secrets of the Villa Amore' by Carol Kirkwood (BBC weather presenter) - rival Italian wine producers whose children are about to marry and bring their families together. Threatening the wedding on the Amalfi coast are long lost secrets, family drama and kidnappings. A predictable outcome but a good summer read.

The next books will be: 'Prophet Song' by Paul Lynch - a family saga of trials and traumas in a dystopian world; 'We Shall Remember' by Emma Fraser - describes the fate of many Polish people after the German army's invasion in WW11. A woman training to be a nurse who is helping

those in hiding, realises she must escape to London, where she meets a Royal Air Force pilot. It is the story of how their daughter realises her origins; 'The Outrun' by Amy Liptrot - a young woman from Orkney hits the high life of London with drugs and alcohol. To get over her addictions, she moves back home, realising why she left (family life and farming). A true story, made into a film starring Saoirse Ronan.

New members welcome! Contact Linda Spence 07709652952

## 2<sup>nd</sup> Forfar Boys Brigade and Girls Association

We ended our last session on 5 June with a very successful Parents Evening, followed on Sunday 8 June by the Kings Badge Parade at Scone Old Church, where Tyler and Alistair received their certificates.

At Forfar Gala Day, we raised awareness of the Boys Brigade, reminding people that we are still active and hope to interest new members.

Alistair, Tyler and Alvin enjoyed good weather in July at camp with 30<sup>th</sup> Dundee Company and will reciprocate at Scott Lodge in September. Alistair and Tyler did the Duke of Edinburgh 'Silver Expedition' in July, while Alvin did his bronze Duke of Edinburgh in August. We attended the recent Community Fun Day at East & Old Church.

The new term began on Thursday, 28 August for boys and girls:-

**P1 - P3:** 6—7pm / **P4—P6:** 6—7:30pm / **P7 + above:** 7:30—9pm

All are welcome and we are also looking for more volunteers/helpers.

Tyler, Alistair and Alvin are very honoured to have been chosen as Boys Brigade representatives at the Remembrance Service Parade in London on 9 November. Some boys from Carnoustie are also going.

Discussions regarding Christmas Card delivery this year are in progress, as well as entering Battalion competitions.

Thank you all for your continuing support.



*e-mail received from visitors to East & Old Church this summer*

*Hi Bob,*

*Hope your summer is going well. Time flies, we have been back in Australia for several weeks now.*

*We pray that you will get a great minister that really preaches the word and that your church will see many come into the kingdom of God.*

*We are looking at coming back to UK next year so God willing we will drop in at a church service.*

*God Speed and thanks for the warm welcome.*

*Ian and Wendy Hamilton.*

## **F**amily Worker Report

**Summer Fun Picnic in the Parks** - we hosted four Family Fun sessions with lunch in the community over the holidays: two at Forfar Loch Park, one at Peter Pan Park, Kirriemuir and one at Inverarity Hall.

These events were well attended with around 160 children, parents, grandparents, childminders, holiday club staff and children and visitors from other areas over the four sessions, to play, have fun and enjoy a packed lunch.

They had lots of fun, fresh air and sunshine, Art and Crafts, Lego, board

games, giant Jenga and Connect Four. We also invited Sarah, from Angus Alive, to hold a Book Bug Session in the park.

Thank you to Susan Forbes for helping to transport various items, Ailish-Louise for all the fun and laughter she had with the children, Irene Duthie – chief packed-lunch maker, Anne Findlay – for coming to Inverarity Hall to make pizzas, also Sam Brady and Annie Gourlay for helping at the hall which was very much appreciated.

Last August, we were awarded £1500 from the Tesco Blue Token Scheme



for 'Food and Fun' - below is listed what the money enabled us to do throughout 2024/25

- ★ Toddler Time – Outing to Murton Farm, Murton Trust for Education and the Environment – hire of Teepee
- ★ Baby and Me – Outing to Frosty's Soft Play – entry fees
- ★ Lego Club – Pizza and Movie after school – pizzas, sweets and juice
- ★ Inverarity Kids Club – McDonalds Happy Meals and a movie
- ★ Four Picnics in the Park – Food for 160 packed lunches including sandwiches, pizzas and sausage rolls
- ★ August 2024 bus trip to the Kelpies at Falkirk, October Holiday fun days in the church 2024, Easter Holiday fun days 2025

Thank you to all the volunteers who continue to support me with all the groups throughout the year - your help is very much appreciated.

***Upcoming Events - October school holidays:-***

Thursday 9 – Movie, Pizza and Tuck Shop (TBC)

Tuesday 14 – Family Fun with lunch (TBC)

*Sheila Whitelaw*



Our popular Folk Nights started again on 17 September with the usual line-up of performing musicians and singers. The Folk Nights are held in Forfar on the third Wednesday of most months (excluding summer) from 7-10pm with a break at half time for refreshments. Everyone is welcome for a night of music and entertainment, and you can bring your own bottle if you wish.

***PLEASE NOTE***

*We regularly take photos and videos in all of our buildings.  
They can be used in print, on our website and on social media.  
If you are not happy for your image/recording to be used,  
please make an elder aware or contact:  
[eoiparish@yahoo.com](mailto:eoiparish@yahoo.com)*

## GREEN TEAM - Great news!

East, Old and Inverarity Parish has gained the **Eco Congregation Gold Award**.

This award shows how much excellent work is done by the congregation both locally and further afield in improving and caring for our planet.



It is a fantastic achievement as only 12 other religious establishments in Scotland have this award.



At the end of the Summer Term, it wasn't Good-bye, but "See you later" to Head Teacher Mrs Raj, as she takes a year's leave of absence. This is due to the very happy news she shared, that she and her husband are welcoming a wee boy into their family.

As a Community we wish them all the love in the world as they begin their new chapter in their lives together as a family and look forward to Mrs Raj's return in August 2026.

We warmly welcome and give thanks to Mrs Low for stepping in as Acting Head Teacher for the year. With her wealth of experience of working in rural schools, we are enjoying getting to know each other, with the parents, carers and the wider community, all looking forward to working together for the joy of our children.

A very happy retirement to our Mrs Yassine, Clerical Staff who had been with us for the past 6 years! She was also a visible and active presence in the playground, dinner hall, classroom, and at Halloween parties.

A lady very much looked up to by the children and staff, with her gentle expectation of manners, but never far without her humour and wit. We



will miss her but wish her all the happiness in her retirement.

Of course at the End of Year School Service, Inverarity Church, we presented her with a 'Book of Memories' cards, gifts, & a song, sung by the children 'Hello, Goodbye' by The Beatles. Suffice to say there wasn't a dry eye in the building.

The children have once again been invited to perform at this year's annual Youth Orchestra Concert on 18 September, alongside pupils from Dundee High, Webster's Academy & Monifieth High.

They have chosen to sing a song they can sing and sign in British Sign Language, 'Three Little Birds' by Bob Marley and are doing a fantastic job learning it.

We feel honoured, that we shall be piped along from the School to the Church by the High School of Dundee Pipe Band.

A beautiful evening of music, eagerly anticipated, to be shared by all; we look forward to seeing as many of you as possible.

*Annie Gourlay*

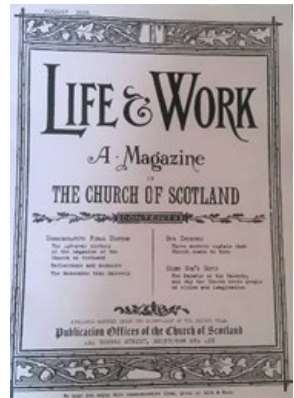
**I**nverarity Sunday School - It is with a very heavy heart that I start the Sunday School report with the deeply sad news that our beloved Anne has sadly passed away after a short illness. Anne dedicated over 50 years to teaching, nurturing and caring for the children of Inverarity Sunday School. She has touched the lives of so many children and families, and they all have many wonderful stories and memories of the fun and laughter Anne created. She will be sorely missed by so many, and we thank her for the great service, love and support she provided.

Going forward, Sunday School will continue at Inverarity under the watchful eye of Heather Bruce (Anne's daughter) and myself.

*Helen Pate*

The Rt Rev Rosie Frew, Moderator of the General Assembly of the Church of Scotland, says "Take time to thank God for all those who have edited and contributed to the magazine over the years."

She is of course referring to Life & Work, the Church of Scotland monthly magazine which has been in circulation for 146 years. Regrettably, the last edition was distributed in August 2025. Numbers subscribing to the



magazine have sadly dwindled over the years and the decision was taken to end its publication.

Thanks to all those in our Church who have read and enjoyed the many varied, thought-provoking and enlightening articles over the years. Many will miss the inspiring messages from Ministers and church members across Scotland.

*Esther Kidd, Life & Work Distributor*

**Men's Night Out** Another successful night out with the Men's Club of East & Old in the British Legion on 19 August - 10 members had a really good get-together enjoying the craic and a couple of drinks. We think the Legion is the venue of choice now, as it suits our needs - no loud music and blaring TVs (*we must be a bunch of old guys right enough*). On that note, any Kirk member is welcome to join us on the third Tuesday of the month, just come along for 7:30pm at the Legion, Academy Street. The next date is 16 September - see you all then.

*Alf Birse*



- ◆ 22 Market St, Forfar  
Tel: 463315
- ◆ 8 The Cross, Forfar  
Tel: 462762
- ◆ 9 High St, Kirriemuir

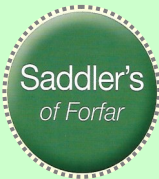
*A family run business with bakeries  
in Forfar and Kirriemuir and  
a long tradition in baking the  
famous 'Forfar Bridie'*



Visit **PRIMA**  
right next door  
to our church

*Stockists of a  
variety of Jewellery,  
Handbags,  
Home Fragrance,  
Accessories,  
Giftware, Cards  
and more.*

**HOPE TO SEE  
YOU SOON**



## Gallery Tea Room

35 East High St. Forfar **01307 463282**

*Bakers, Cafe & Takeaway serving cooked meat  
products including Forfar bridies, bread, cakes,  
pastries, fresh cream cakes/gateaux etc.*

Award Winning Local Service  
Serving Angus & Dundee for over 50 years



**Forfar** 01307 464187  
**Arbroath** 01241 877877  
**Dundee** October 2025

For all your home electricals...  
**www.colinmsmith.com**



## PM Services (Scotland) Ltd

PMServicesScotland@outlook.com

Find us on Facebook

James Myles  
Helen Pate

07835724778  
07930524222

## Forfar Bathrooms Ltd

**Hundreds of Installations  
Hundreds of Happy Customers**

*"Family Owned and Run"*

*"Free Fixed Quotation"*

*"5 Year Installation Warranty"*

72 Castle St, Forfar

Phone: 01307 461646

Email: [sales@forfarbathrooms.com](mailto:sales@forfarbathrooms.com)



## DAVID IRONS

**D.I.Y & HOMEWARE  
DEPARTMENT STORE**

KEY CUTTING ~ WATCH BATTERIES  
IRONMONGERY ~ HOUSEHOLD PAINT  
TOOLS ~ PLUMBING ~ GARDENING

**26 CASTLE STREET, FORFAR**

**Tel: 01307 462024**

Property & Garden Maintenance  
Hedge Cutting  
Landscaping  
Fencing  
Decorating & Painting (internal & external)  
Joinery work  
Plumbing work  
and much more

## ALEX. CAMERON

### Quality Tells, Quality Sells

*For the freshest fish, game, poultry  
and finest hand-made pies*

101 Castle Street, Forfar DD8 3AH  
Tel: 01307 463520

## THE CASTLE CLUB

100 / 108 CASTLE STREET, FORFAR

☎ 01307 466277

[www.thecastleclub.co.uk](http://www.thecastleclub.co.uk)

*Fully Licensed Restaurant*

All Home-Cooking with Local Produce

- ♦ LUNCHES
- ♦ EVENING MEALS
- ♦ HIGH TEAS



## Natures Way

Offering a holistic approach to healthcare

LESLEY DAKERS Complementary Therapist

Tel: 01307 468646 Mobile: 07939439308

## Sports Injury Clinic

Pamela Buist (Sports Therapist)

DSM DRSM DipST

Mobile: 07970079165

Both businesses located at 49 East High Street



## Tiffins

12 West High St, Forfar

Tel: 01307 461152

# G. MURRAY & SON

## CAR SALES & REPAIRS

## TYRES SUPPLIED AND



## FITTING SERVICE



**OLD BRECHIN ROAD,  
FORFAR DD8 3DX**

**TEL: 01307 466615**

**S**OCIAL COMMITTEE REPORT - Thursday, 19 June was a very busy day in East & Old Church. **Royal Scottish National Orchestra held a very successful Music Workshop** with their String Quartet; 29 pupils from P5 Langlands School; members of Lochside Connections; and an adult choir from Dundee. A great variety of music, song and dance was enjoyed by close relatives, while the Social Committee provided a light lunch for all the artistes - quite a number!

On Sunday 22 June after Morning Worship, we held a **“Sweet Sunday”** where Social Committee members prepared and served a delicious selection of desserts, **raising £130.**

Inverarity held a very successful **Evening Strawberry Cream Tea** on 26 June, **raising a total of £543.**

*Elizabeth McLeod*

## **E**OI Guild, Autumn 2025

With summer fading, the Guild is about to start our new session. For our summer outing, we went to Glamis Castle for ‘Afternoon Tea’, and it was lovely, the food was delicious and everyone enjoyed it. We have been meeting once a month just to keep in touch, have a chat and look forward to the Guild starting again on 1 October at 2pm in the Social Area of East & Old church. But before that, Guild members will take our **Dedication Service on 21 September.** Afternoon meetings are held in the Social Area of East & Old church on 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of the month at 2pm, and evening meetings occasionally in Inverarity church hall at 7pm. So, if you feel the Guild may be something you would like to try, do come along to one of our meetings where you will be made most welcome.

*Marion Duncan*



## Community Fun Day – Saturday 30 August

East, Old and Inverarity held a Community Fun Day, with the aim



of getting members of the local community in and around the church and engaging with us. There was a bouncy castle, face painting, glitter tattoos and fairground games, as well as a BBQ, cake and candy stall, refreshments, a bottle stall and stalls selling toys,

books, fidget spinners and more. Various church groups were represented: Inverarity Sunday School, the Boys Brigade and Girls' Association and Inverarity Kids Club, and community groups who use our building including Jazzercise and the music group 'Exit Strategy' who entertained us all.

It was great to see so many people, young and old in the church, including visitors and families from the local community whom we've never met before. Our family worker, Sheila, and the community team organised the day, but the event was pulled off by a whole host of EOI members and



friends. It was a great way to bring everyone together – a real example of teamwork. The event was not a fundraiser, it was all about community engagement and outreach, but we still managed to take in £1000. Everyone had a great time and one volunteer even said: "I'm loving this, I'm in my element today!"

Thanks must go to the following for their generous support:

- *Robert Watt Butchers*
- *Jazzercise*
- *Strathmore Springs*
- *Boys Brigade & Girls Association*
- *Dreamtime Events*
- *Inverarity Kids Club & Sunday School*
- *Exit Strategy*
- *Gordon Webster*



Thanks also to Jean Alexander, Alf Birse, Johnny Forbes, and Gordon Webster for lending their barbecues and to all the members who so kindly donated sweets, bottles for the bottle, cake & candy stalls and much more.

Finally, thanks to all the members and friends who gave up their time setting-up, on the day and clearing up. A mammoth amount of work for all involved. East, Old and Inverarity members are very generous with their contributions and their time.

Well done to everyone involved!



On Sunday 24 August, Karen Liddle, Nomination Committee Chair, announced your Sole Nominee is the Rev Thomas MacGregor.

*(Karen Liddle writes about Tommy on the enclosed insert.)*

I am delighted, not because it means I will end as your Locum and Interim Moderator. I am delighted for you because you need to have your own minister.

Nationally, the Church of Scotland is going through pretty rough waters. Strong, vibrant, local Congregations can calm the waters and having your own minister is one way for that to be most effective.

I urge every one of you to give him your unconditional support as he continues the ministry in East Old and Inverarity.

*Malc, IM and Locum*



**P**ROPERTY REPORT - Well that was quite a storm. Not what we expect in early August, though I do recall my father desperately trying to combine barley before a looming storm blew the heads off the grain. I hope you escaped unscathed or at least with minimum damage. The kirkyard at Inverarity is a mess, with branches scattered but thankfully nothing serious.

This year's General Assembly approved new rules for manses. This meant an extended manse schedule had to be completed prior to calling a new minister. In addition to me completing this



paperwork, the Presbytery fabric convenor had to visit our manse and personally sign-off that it was up to the standard required for a minister today. Our manse is in good condition, and the nominating

committee could proceed with the vacancy process.

The principal access at East & Old for those with a disability is the west door with its ramped access. The area inside the doorway has been tidied up and the new wall cladding looks smart and more welcoming. This is also the main access to the stairwell up to the balcony of the sanctuary, so it would be good if groups keep it tidy.

I am getting feedback that the sound system in the sanctuary is much improved. It has been a case of slowly trying out the best settings for optimum effect. The hearing loop system is still proving a challenge and finding a solution is a work in progress. The warm summer weather meant that probably nobody noticed the main heating had to be shut down pending numerous remedial actions in order to pass the gas safety inspection. Pipework improvements still have to be completed in the plant room to give the system better longevity and rectify installation faults.



Investigation and preparatory work is underway at the instruction of the Kirk Session to create a working office space. The aim is to give a new administrator a good and secure business working area.

Considerable admin work is required on our behalf and to assist our new minister once appointed. An efficient working environment is so important.

External maintenance has been completed at Inverarity. Where required, windows were repaired using hardwood pressure-treated with vinegar. Apparently, this significantly improves the longevity of the wood. So now you know – isn't every day a school day!

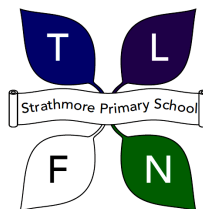
After the joiner completed his work, all the windows, doors and rainwater goods were painted. Not quite the "battleship grey" of the local Fotheringham estate, but a muted version. Along with fresh masonry paint on the walls, it's all made a huge difference to the church's appearance and can once again truly be known as the "White Kirkie."

*David Pate*



## **S**trathmore Primary School

The Forfar primary school linked with our church held their June end-of term service in our sanctuary. P7 pupils had used our space from May onwards to rehearse 'The Greatest Showman' their school show in front of all the pupils and parents back at Strathmore, and they performed chorus songs from that show at the service. Four of the P7 pupils led prayers and read bible passages, and the school brass group played a couple of tunes. The service in our church made for a joyous end to the school year.



## Summer News from Zuglo, Hungary

June marked the start of summer and in Zuglo, there was an end of term service for the children who attend religious classes at the local primary schools.

The bible study groups have a summer break till September and to celebrate, they held a garden lunch/BBQ for everyone who attends classes during the year. Tamara, their new junior pastor who joined in July, will be responsible for these groups when they restart.

The main events have been the summer camps. This year, the children's summer camp started on 23 June at Kemence, a village in the mountains of northern Hungary, with 50 children and 10 adults. The congregation's camp took place at Malyi near Miskolc in July. Everyone enjoyed great presentations with lots of time to relax and get to know each other.

At the end of June, a confirmation service was held for 13/14-year-olds living in Zuglo. This year 14 young people attended, 3 of them children of parents who regularly attend church. We hope that many of these teenagers will stay with us and accept the church as a reference point they can return to if they have a spiritual desire in their lives.

They have been praying that we soon find a suitable candidate to become our new minister who will lead our worship and mission for many years.

**WORSHIP  
GROUP**

The group have been busy during the summer with the 9:30am monthly breakfast services, mid-week reflections online along with our Locum Minister's interviews and leading worship on occasional Sundays. We intend to hold local care home services in the coming months, especially at Remembrance and Advent along with Forfar Action of Churches Together (FACT).

# stewarts

## window blinds

DOMESTIC ★ COMMERCIAL ★ TRADE

VERTICAL      ROMAN  
ROLLER      VENETIAN  
INTU      CONSERVATORY  
WOODEN      PLEATED

CALL NOW FOR FREE ESTIMATE

**01307 467840**

*Manufacturers and installers of beautiful  
made-to-measure blinds*

# STRATHMORE



## FUNERAL DIRECTORS



*Privately Owned  
Personal Caring & Professional  
24 Hour Service  
Pre-paid Funerals*

**Tel: (01307) 460777**

**4 Roberts Street, Forfar**

**email [strathmore-fd@btconnect.com](mailto:strathmore-fd@btconnect.com)**

**website [www.strathmore-fd.co.uk](http://www.strathmore-fd.co.uk)**



**Established in 1896  
Forfar Instrumental Band  
Has brought the Brass Sound  
To Angus for Generations**

- Weekly Practise Sessions
  - Free Weekly Brass Lessons for Learners & Improvers
  - Loan Instrument for members
  - Available for Community Events, Shows & Festivals
- For more information please email:

[forfarband@gmail.com](mailto:forfarband@gmail.com) or telephone: 07891721140



**ABAUTOLOCKS.SCOT**

**Mobile Vehicle Locksmith**



**Keys locked in Car?  
Need a Spare Car Key?  
Lost all your Car Keys?  
Call Aaron on **07549590430****

## TheBigKirkShop

Thank you for all your donations.

We are well stocked with Ladies, Gents  
& Kids clothes, Curtains, Bed Linen,  
Toys & Books but always Looking for  
more donations of Bric-a-Brac

Lots of Bargains to be had.

Why not pay us a visit



**Key Cutting  
Lock Fitting  
Gaining Entry  
Tool Sharpening  
Engraving  
Kitchenware**

**Shop Phone: 01307 462424**

**Emergencies Only: 07729 402245**

**92 East High Street, Forfar**

# **LIGGAT** **REPAIRS & JOINERY**

## Quality Small Repairs

Our family business offers a personalised service to meet your small repairs, handyman and bespoke storage needs in the Angus region

Quote 'magazine5' for a 5% discount off your first job

### Contact Us:

 [adam@liggatrepairs.co.uk](mailto:adam@liggatrepairs.co.uk)  
 [liggatrepairs.co.uk](http://liggatrepairs.co.uk)  
 07477203828

Please remember  
to turn your clocks  
**BACK ONE hour**  
at 2am on  
**Sunday 26<sup>th</sup> OCTOBER**

**Turn Clocks BACK**



## **FACT** - Forfar Action of Churches Together

This group met recently and outlined plans for Autumn/Winter:

- ◆ Forfar East Old & Inverarity were thanked for hosting the 6 Lent Lunches in March/April with a donation of £100
- ◆ **Friday 31 October 2025** – For those who'd like to express their creativity, by making lanterns, and come together to light up a dark October evening. **Meeting at 5pm at 'The Anchorage', West High Street** and then walking along the High Street to All Souls Church to celebrate the **Festival of Light** together
- ◆ **Remembrance Sunday 9 November** when we will be the host church for the Legion Service in Forfar
- ◆ **Advent Studies** will rotate round the churches on **Tuesdays** for six weeks starting **4 November**
- ◆ We will take part in '**Carols at the Cross**' **Saturday 6 December 11am**

## **EAST & OLD CHOIR**

We had our summer break from end of June to mid-August. Members felt strange sitting with the congregation for 7 weeks, but it was good to hear that other worshippers missed the choir support for praise and an anthem each Sunday. Well, we're back and had our first practice on 21

August, preparing for successive Sundays. We're still a bit light on numbers of men & women, so please come along to the Forfar sanctuary any Thursday at 2:30pm for an hour when we rehearse. We don't have auditions, so give it a try - you'll be warmly welcomed by Bruce, Bob and the choir to boost the sound of praise voices on Sundays.



**H**ELP PLEASE! We have a small group of volunteers who provide pots of soup - one vegetarian, plus freshly made sandwiches with a choice of fillings. Tea, coffee and biscuits round off the meal. We do not have a fixed charge but request cash donations.

On a weekly 3-person rota basis, two provide soup and the third is on the sandwiches. The Cosy Corner lunches are every Wednesday, from 12 noon to 1pm.

At present we are short of volunteers, which is difficult when it comes to holiday cover. We would be very grateful for more volunteers soon, as otherwise, we may have to reduce the frequency of the lunches from weekly to once or twice a month!

***Please, please help.*** Contact Jean Alexander Tel. 07719564782

**T**ransport to Church - We have several members who require transport to church, not every week but now and again. We would be grateful for more volunteers willing to bring someone to Church and take them home afterwards. We have Teas & Coffees after the Service. Please contact me on 07719564782, thank you.

*Jean Alexander*

## **A to Z of Plastic Waste Management & Solutions**

- |          |  |
|----------|--|
| <b>A</b> | - Avoid single-use plastics; adopt eco-friendly alternatives   |
| <b>B</b> | - Ban unnecessary packaging; buy in bulk when possible         |
| <b>C</b> | - Carry reusable bags, bottles, and containers                 |
| <b>D</b> | - Dispose of plastics responsibly through proper segregation   |
| <b>E</b> | - Educate communities on plastic pollution's impact            |
| <b>F</b> | - Follow the 3Rs: Reduce, Reuse, Recycle diligently            |
| <b>G</b> | - Give preference to glass, jute, metal, or bamboo products    |
| <b>H</b> | - Host plastic clean-up drives in local areas                  |
| <b>I</b> | - Initiate community-level plastic collection points           |
| <b>J</b> | - Join campaigns advocating plastic-free living                |
| <b>K</b> | - Keep waterways, beaches, and parks free of plastic litter    |
| <b>L</b> | - Limit use of plastic in festivals and events                 |
| <b>M</b> | - Mobilise schools & youth for anti-plastic projects           |
| <b>N</b> | - Nurture habits that reject disposable cutlery and straws     |
| <b>O</b> | - Opt for compostable and biodegradable packaging              |
| <b>P</b> | - Promote plastic take-back schemes by producers               |
| <b>Q</b> | - Question unnecessary wrapping before buying products         |
| <b>R</b> | - Recycle every recyclable plastic; refuse the rest            |
| <b>S</b> | - Support businesses offering zero-plastic delivery            |
| <b>T</b> | - Turn to cloth, paper, and plant-based materials              |
| <b>U</b> | - Use refill stations for water and household products         |
| <b>V</b> | - Value innovations that replace plastic in daily use          |
| <b>W</b> | - Weigh your consumption; work towards zero-plastic days       |
| <b>X</b> | - Exchange plastic items for sustainable substitutes           |
| <b>Y</b> | - Yield to nature's needs over convenience                     |
| <b>Z</b> | - Zero tolerance for littering; zeal for a plastic-free planet |

*Prepared by a member of an Indian Rotary Club*



**Date for your diary —** The next **PreLoved is Reloved** will be at Inverarity Church on **October 26 at 2pm.** If you have any clothes, books or toys you wish to donate, please get in touch with the Sunday School.

**S**OUPER FRIDAYS ARE BACK! After a pause for the summer, Souper Friday made a welcome return on Friday 29 August.

A good attendance saw **£184.50 donated to Angus Riding for the Disabled Association (RDA)**

in memory of our friend Anne Wilson.

Anne was dedicated to Inverarity Sunday School and the RDA, combining them in the annual Sunday School picnic at South Bottymyre.



Looking forward to welcoming regular and first-time diners to our lunches on 26 September, 31 October and 28 November, with all proceeds going to local charities.

### **TheBigKirkShop**

*We've had a busy Summer at the shop sorting out everyone's donations – a huge Thank You to you all!*

*The team is busy changing the stock from Summer to Autumn and we have received lots of Cosy Clothes for the rails.*

*We are currently very short of Bric-a-Brac so any donations will be gratefully received. We also need used carrier bags.*

*Hoping you all had a good summer and have a lovely Autumn.*

*From everyone at the Big Kirk Shop*

## **CHURCH MINIBUS**

Our Church Minibus is available for hire.  
Drivers must have a valid D1 code on  
their driving licence.  
To make a booking, please contact  
Johnny Forbes on 07718244872



## **A**ngus Riding for the Disabled Association (RDA)

One of our members, Elinor Phillips, Manager and Chief Instructor of RDA was recently awarded its top volunteer honour, the President's Award. This is only awarded to a select few by The Princess Royal, president of the charity.

Elinor has spent 45 years with RDA, travelling to Ireland, Wales and China as training instructor for competitors at the Special Olympics equestrian events. She's been surrounded by horses since she was young, and in Broughty Ferry became a volunteer and worked alongside the late Jean Thompson. In 1996, the charity moved to the purpose-built centre at South Bottymyre, Inverarity, opened by Princess Anne.



Over the years, the lives of families have been transformed with the work and support that RDA has given riders. Currently 8 horses and around 25 regular riders benefit from the centre. Of special importance to us is Jeannie, who the Sunday School has sponsored since she was a foal and soon will work alongside the other horses.

The centre hosts our Sunday School picnic every year, where the children learn about the horses while enjoying their afternoon. The Sunday School holds 'Pre-Loved is Re-Loved' fundraising events that go towards Jeannie's upkeep. This is something we all feel is great for the children (and adults) who love to see how their sponsorship money is used.

The RDA is a national charity and will continue to grow.



# Royal Scottish Agricultural Benevolent Institution (RSABI)

## "PLOUGH ON" INITIATIVE

Rural isolation and loneliness are a growing concern in Scotland, especially within our farming community. Family farms have traditionally passed to the next generation on the death of the older farmer but as we live longer, many farms are now transferred over within the current owner's lifetime. Retired farm workers can find that busy working weeks, previously filled by an active, rewarding job, now have time on their hands and may even potentially have to move out of cottages tied to their former job. Both circumstances can have a drastic effect on emotional and physical health, bringing with it a loss of independence and support for older farmers and workers. This is where "Plough On" hopes to help.

Being a rural based Church, we chose RSABI as our May charity beneficiary and were delighted to welcome along Chris McVey, the charity's Welfare Manager. As a result, we are delighted that RSABI has chosen East, Old & Inverarity to host some Plough On meetings at Inverarity Hall. The first meeting is on Monday 6 October which will hopefully lead to further events going forward.



RSABI has already put the £231 raised by Souper Friday to good use providing practical, emotional and financial support to those working within the Scottish agriculture industry.

## *Dates for your Diary*

Thursday	18 September	Youth Orchestra Concert Inverarity Church	7pm
Sunday	21 September	Guild Dedication Service East & Old Church	11:15am
Friday	26 September	Souper Friday Lunch Inverarity Hall	12 noon
Saturday	27 September	MacMillan Cancer Support Coffee Morning Social Area, East & Old Church	10am
Thursday	9 October	Movie, Pizza and Tuck shop East & Old Church	TBC
Sunday	12 October	Harvest Thanksgiving (both churches)	9:45am 11:15am
Tuesday	14 October	Family Fun with lunch	TBC
Friday	17 October	Harvest Hooley Inverarity Hall - tickets £10	7pm
Sunday	26 October	CLOCKS GO BACK 1 HOUR — BST ends	2am
Sunday	26 October	Pre-Loved is Re-loved Inverarity Church Hall	2pm
Friday	31 October 28 November	Souper Friday Lunch Inverarity Hall	12 noon
Friday	31 October	Festival of Light The Anchorage, West High Street (see FACT article on page 20)	5pm
Sunday	9 November	Remembrance Service - hosted at East & Old Church followed by Parade/Service at The Cross	Time TBC
Sunday	30 November	Christmas Carol Concert with Dundee Instrumental Band - Inverarity Church	2pm

# CONGREGATIONAL REGISTER



## DEATHS

Lily Cooper	25 May	< 38 >
Maureen Dearness	13 June	< 9 >
Sandy Crichton	15 "	< 23 >
Alexina Smart	9 July	< 10 >
Helen Duncan	14 "	< 29 >
Helena Todd	19 "	< 29 >
Anne Wilson	11 August	< 37 >
John Syme	25 "	< 30 >

### **East & Old Church ~ Ministry of Flowers**

<b>7 SEP</b>	Karen Kelly	<b>26 OCT</b>	Karen Murray
<b>14 "</b>	Jean Allexander	<b>2 NOV</b>	Isabel Farquharson
<b>21 "</b>	Sheena Benvie	<b>9 "</b>	Irene Duthie
<b>28 "</b>	Isabel Wilson	<b>16 "</b>	Mr & Mrs J Herron
<b>5 OCT</b>	Margaret Myles	<b>23 "</b>	Marion Birse
<b>12 "</b>	Allan & Irene Carnegie	<b>30 "</b>	Lorraine Dick
<b>19 "</b>	Glenda Robertson		

### **December:- Seasonal Arrangements by the Flower Team**

Please pass your donations prior to your chosen Sunday to Catriona Milne, Irene Duthie or pop it in an envelope and hand it to Jennifer at PRIMA Gift Shop which is located next to the church gates.

**We need new volunteers to join our Flower Team - please contact either Irene Duthie or Catriona Milne, if you are able to help with this.**

*Thank you*

<ul style="list-style-type: none"> <li>■ Session Clerk</li> <li>■ Roll Keeper</li> </ul>	Karen Kelly	07749036013
	<a href="mailto:eoisession@yahoo.com">eoisession@yahoo.com</a>	
Administrator		0789745665
	<a href="mailto:eoiparish@yahoo.com">eoiparish@yahoo.com</a>	
FWO Treasurer		
<ul style="list-style-type: none"> <li>■ Flower Group Admin</li> <li>■ INSPIRE Editing Team</li> <li>■ Website/Facebook</li> </ul>	Catriona Milne	07962065936
	<a href="mailto:eoieditor@yahoo.com">eoieditor@yahoo.com</a>	
	<a href="mailto:eoimmediateam@yahoo.com">eoimmediateam@yahoo.com</a>	
East & Old Organist	Bruce Simpson	01307 468179
<ul style="list-style-type: none"> <li>■ Inverarity Organist</li> <li>■ Inverarity Contact</li> </ul>	Diane Acheson	07835847588
	<a href="mailto:eoiiinverarity@yahoo.com">eoiiinverarity@yahoo.com</a>	
Choirmaster	Bob Kidd	01307 462701
Church Officer	Bill Duthie	01307 465895
Inverarity Sunday School	Heather Bruce <a href="mailto:eoisundayschool@yahoo.com">eoisundayschool@yahoo.com</a>	
Family Worker	Sheila Whitelaw	07735938528
	<a href="mailto:eoifamily@yahoo.com">eoifamily@yahoo.com</a>	
East & Old Guild Contact	Marion Duncan	01307 463075
<ul style="list-style-type: none"> <li>■ Inverarity Guild Contact</li> <li>■ Inverarity Flowers</li> </ul>	Lillian Carnegie	07944 294848
Property Convener	David Pate	01307 820340 07970071166
	<a href="mailto:eoiproperty@yahoo.com">eoiproperty@yahoo.com</a>	
Big Kirk Shop Organiser	Muriel Fairley	01307 463936
Prayer Group	Mary Pickstone	01307 466569
2nd Forfar Boys' Brigade & Girls Association	Betty Lovegrove	01307 466467
Safeguarding Coordinator	Isabel Farquharson	01307 479582
Minibus Bookings	Johnny Forbes	07718244872

**~ NEXT ISSUE OF INSPIRE ~**

The deadline for submission of articles for **WINTER** issue

is:- **SUNDAY 16th NOVEMBER 2025**

Articles to Editing Team or e-mail:- [eoieditor@yahoo.com](mailto:eoieditor@yahoo.com)