

Green Team
East & Old Church
East High Street
Forfar
DD8 2 EL

Tel: 01307 466639
Email:
hrothach@btinternet.co
m

East & Old Green Team Eco Newsletter

Volume 5 Issue 2

Newsletter Date June 2019

Your Planet Needs You!

- Handy hints of the month
- Litter Pick Up dates
- Events hosted by the Green Team
- News from Other Church Committees about their Eco events

Inside this issue:

Your Planet Needs You—Carbon Footprints	1
Eco Ideas	2
Eco Congregation	2
Around the church Eco News	2

Your Planet Needs You



Over the coming months the Green Team will be posting a number of editions of the Green Team Eco Newsletter on the team's pages on the East & Old Church website at <http://www.thebigkirk.co.uk/church-information/green-committee/>

These articles are aimed at helping to inform and promote the use of Green Eco-Friendly measures that will help you save money as well as save and/or enhance your natural environment.

Carbon Footprints?

What are they?

A **carbon footprint** is the total amount of greenhouse gases produced to directly and indirectly support human activities, usually expressed in equivalent tons of carbon dioxide (CO₂).

How do we calculate them?

This involves calculating how many greenhouse gases are produced to supply humans with housing, travel, food, products and services.

The carbon footprint you generate involves many things including:

1. heating your house

2. with oil, gas or coal eating processed foods, or using foods that are not locally produced
3. buying foods and other products in plastic packaging.
4. travelling by cars and aeroplanes fueled by oil

Did you know? On average, a townie will contribute approximately four tonnes of carbon dioxide in a year.

How do they affect the Planet?

All of these simple activities help to contribute to the amount of carbon released into the atmosphere, which in turn causes the earth to heat up. Over the last 50 years we have seen the earth grow hot enough to trigger what is known as the "Greenhouse Effect." The results of which are:

1. the melting of earth's glaciers,
2. the rise in the ocean levels
3. more intense and damaging weather systems.

Another contributing factor to the state of the air that we breathe is the destruction of earth's forests which have resulted in the loss of animal life and in some cases entire species.

What can you do to help?

Everyone is responsible for the air we breathe and the world we live in. There is no - let someone else do it - what if no one else does it -

no more planet no more people no more animals - no more anything.

There are some small steps you can take to help make a big impact and help save the world.

1. try using the car less - go for a walk or use public transport
2. use recycled products
3. eat locally produced organic food
4. avoid water wastage
5. Switch to electricity produced by renewable energy
6. Keep the old mobile phone
7. cut down on the electrical gadgets
8. get an electric car

Come on everyone Help Save the Planet

How About This for An Eco Idea



This goes to show that anything can be recycled to produce an attractive and useful space.

Have any of you any similar pictures you want to send in? If you do I will feature your fantastic ideas in future editions. Please send to

hrothach@btinternet.com.

The Big Kirk shop

When you donate to our shop nothing goes to waste. In fact we also give some of your items to other worthy causes such as:

Items such as tin openers, mugs, bowls etc. had been passed on for the use of students at Dundee and Angus College.

'Arbroath's Lighthouse Kids' project have been passed a number of teenagers' clothing.

The Friockheim Hub have been given items such as cups and saucers.

Benholm Care Home have been gifted with a number of dvds and cds as well as flower vases.

Contributions to the Ella's Kitchen: scheme were still being made with resulting profits going to Strathmore Primary School.

Around the Church Eco News

The Mission and Development Committee are currently planning a stand for the Angus Show on Saturday 8th June. This year a plea or baa-ging request has gone out for people to knit or crochet small sheep.

