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East & Old Green Team Eco Newsletter

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Your Planet Needs You!

- Handy hints of the month
- Litter Pick Up dates
- Events hosted by the Green Team
- News from Other Church Committees about their Eco events

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Your Planet Needs You



Over the coming months the Green Team will be posting a number of editions of the Green Team Eco Newsletter on the teams pages on the East & Old Church website at <http://www.thebigkirk.co.uk/church-information/green-committee/>

These articles are aimed at helping to inform and promote the use of Green Eco-Friendly measures that will help you save money as well as save and/or enhance your natural environment.

Today's article looks at how we help save the planet by doing unremarkable every day routines such as:

1. Every time you use a roll on antiperspirant instead of an aerosol spray.
2. Every time you use natural and non-toxic cleaning products in your home.
3. Every time you steam clean your home without the need to use harmful and abrasive cleaning products.
4. Every time you put a recycled item in your grey bin.
5. Every time you re-use the same plastic bag at a shop or use the canvas shopping bags instead.
6. Every time you buy a Fair Trade Product.
7. Every time you buy a product which has been made from recycled materials such as bin bags or kitchen rolls.
8. Every time you use those leftovers instead of throwing them away.
9. Every time you donate items to a charity shop instead of sending it to landfill.
10. Every time you use a hoe to garden with instead of a chemical weed killer.
11. Every time you put your garden waste in your green bin or take it to the recycle centre.
12. Every time you plant an oxygen giving plant or carbon eating tree in your garden.
13. Every time you up-cycle an item instead of sending it to landfill.
14. Every time you feed the birds and hedgehogs in your garden.
15. Every time you use less water in the shower or reuse your old water to water your plants.
16. Every time you decide to walk instead of taking the car.
17. Every time you plant and encourage bees and other wildlife in your garden.
18. Every time you take a low carbon holiday such as a cruise.
19. Every time you pick a piece of discarded rubbish up and put it in a bin.
20. Every time you think about the planet first.

How About This for An Eco Idea



This goes to show that anything can be recycled to produce an attractive and useful space.

Have any of you got any similar pictures you want to send in. If you do I will feature your fantastic ideas in future editions. Please send to

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Eco Congregation

Saturday 30th March, 10am to 4pm at Gate Church International, Dundee.

The 2019 annual gathering will explore the way in which we can change our lives and our economic future by changing the way in which we use energy. By examining the way in which we use energy in farming, travelling and heating, we will explore this transformation with speakers who are leading the changes and congregations who are responding to this challenge: transforming energy; transforming lives.

Keynote Speakers

Professor Jim Skea is chair of Scotland's Just Transition Commission, a leading expert on energy and climate change and co-chair of Working Group III of the Intergovernmental Panel on Climate Change (IPCC)

Neil Kermode is the managing director of the European Marine Energy Centre (EMEC) responsible for the deployment of pioneering marine technology in Orkney

Around the Church Eco News

The Big Kirk Shop have given three big bags full of donated teddies to the Guide Dog Centre in response to their recent request on social media.



Lexi, Karen L. and Soroptimists Prue and Norma braved the night at **Sleep in the Park** and raised a total of £2,250 for the homeless project 'Social Bite'